

CURRICULUM VITAE

Sasan Vasegh, M.D.



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EDUCATION

Iran University of Medical Sciences, Tehran, Iran

General Physician (1991-1998)

Dissertation: "Logical Basics of Medical Diagnosis and Clinical Decision Making"

Tehran University of Medical Sciences, Tehran, Iran

Medical Doctor in Psychiatry (2001-2004)

Dissertation: "Religiosity, Anxiety and Depression among a Sample of Iranian Medical Students".

EXPERIENCES

Teaching and educating local psychologists and counselors in cognitive therapy through more than 6 years of regular weekly case study and discussion sessions (2005 to date).

Cognitive therapy of tens of patients at my office throughout 8 years of my clinical experience.

The first Iranian who was certified as an Diplomate of Academy of Cognitive Therapy.

10 years of experience regarding teaching psychiatry to medical students, from my residency till now as an assistant professor of psychiatry.

Conducting Life Skills workshops for the general population and medical staff.

Participating in weekly live radio programs about mental health issues for the general population at Ilam city's local radio.

Cooperating in live and taped TV programs for general population, regarding addiction, suicide, and other psychiatric and mental health issues.

PROFESSIONAL AFFILIATIONS

2004-2012: Assistant Professor of Psychiatry, Ilam University of Medical Sciences, Ilam, Iran.

2012-2014: Psychiatrist, Shaid Beheshti University of Medical Sciences, Tehran, Iran.

2014-now: Assistant Professor of Psychiatry, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

PUBLICATIONS

Book

Vasegh, S. (2009). **Psychiatric treatments involving religion: Psychotherapy from an Islamic perspective.** In P. Huguelet & H. G. Koenig (Eds.), *Religion and spirituality in psychiatry* (pp. 301-316). New York: Cambridge University Press.

Ciarrocchi, J.W., Schechter, D., Pearce, M. J., and Vasegh, S. (2011). **Religious Cognitive Behavioral Therapy: 10-Session Treatment Manual for Depression in Clients with Chronic Physical Illness (Muslim Version)** (used in some studies not yet published).

Articles

1. S. Vasegh and M.R. Molammadi (2007). **Religiosity, Anxiety, and Depression among a Sample of Iranian Medical Students.** *The International Journal of Psychiatry in Medicine*, 37(2), 213-226.
2. S. Vasegh, (2011). **Cognitive Therapy of Religious Depressed Patients: Common Concepts Between Christianity and Islam.** *Journal of Cognitive Psychotherapy* 25(3), 177 -188.
3. R. Bonelli, R.E. Dew, H.G. Koenig, D.H. Rosmarin, and S. Vasegh (2012). **Religious and Spiritual Factors in Depression: Review and Integration of the Research.** *Depression Research and Treatment* Article ID 962860, 8 pages.
4. S. Vasegh, (2014). **Chronic Depression in a Religious Shia Muslim Woman in Iran.** *American Journal of Psychiatry* 171, 825-826.
5. S. Vasegh, N. Baradaran (2014). **Using the Persian-Language Version of the Beck Depression Inventory-II (BDI-II-Persian) for the Screening of Depression in Students.** *The Journal of Nervous and Mental Disease* 202(10), 738-44.