

## Curriculum Vitae

### Personal Information

First name: **seyed mehdi**

Sure name: **Samimi-ardestani**

Date of birth: **17/01/1970**

Nationality: **Iranian**

Gender: **Mal**

Work address:

**Psychiatric Ward, Imam Hossein hospital Shahid Madani (Nezam Abad ) Tehran , IRAN**

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### Education

Specialist in Psychiatry, School of Medicine, Shaheed Beheshti Medical University (SBMU) ,  
Tehran, IRAN

Title of Thesis: anxiety in dialysed patints

M.D. School of Medicine, School of Medicine , Shaheed Beheshti UMSHS , Tehran, IRAN

Title of Thesis: circulating immune coplexes in laryngeal cancer.

### Work Experience

Assistant Professor , Psychiatry Department, School of Medicine, Beheshti Medical University (SBMU) 2003- 2009

Associate Professor , Psychiatry Department, School of Medicine, Beheshti Medical University (SBMU) 2009 till now

A member of Iranian Psychiatric Association

A representative of EDC/EDO in Psychiatry guideline authors group. School of Medicine, Beheshti Medical University (SBMU)

A member of high council of psychiatry , Ministry of health. Iran.

A member of council of medicine, Beheshti Medical University (SBMU)

Peer reviewer for Articles, Journal of Pejouhesh, School of Medicine. , Beheshti Medical University (SBMU)

Peer reviewer for Articles, Journal of *legal medicine*, legal medicine organization.

A member of Research committee in Psychiatry Department , School of Medicine, Beheshti Medical University (SBMU)

A member of Educational committee in Psychiatry Department, Beheshti Medical University (SBMU).

Educational administrator for Students and Internship Training, Beheshti Medical University (SBMU)

A member of council of psychiatry, legal medicine organization Iran.

A member of Iranian mental health legislation committee.

Editor of Internal Evaluation Committee on Psychiatry Department, Evaluation office, Deputy of Education, Beheshti Medical University (SBMU).

Head of psychiatric department, School of Medicine. , Beheshti Medical University (SBMU) 2010 – 2012

A member of Board of directors of Iranian Psychiatric Association: 2004- 2007.

### **Workshops**

October 1998: A one -week workshop on “*Basic principle in Research Methodology*” , Deputy of Research, , Beheshti Medical University (SBMU), Tehran – IRAN .

January 2003:A three-day workshop on “ Evidence Based Medicine”. EDC, Shaheed Beheshti UMSHS , Tehran . IRAN

September 2003:A tow-day workshop on “*Multiple Choice Questions Design*”, EDC, Shaheed Beheshti UMSHS Tehran . IRAN

October2003: A three-day compacted (36 hours) workshop on “life skills (preliminary and advanced)” ministry of health. Tehran, IRAN

January 2004”A tow-day workshop on “psychosocial support in emergency situations” institute of national researches Tehran, IRAN

September 2004: A one- day workshop on “guided discovery learning” EDC, , Beheshti Medical University (SBMU) Tehran . IRAN

October2004:A three- day joint workshop on “advance trauma counselling” UNICEF & ministry of health. Tehran, IRAN

November2004: A three- day joint workshop on “evaluation & monitoring ” , UNICEF & ministry of health . Tehran, IRAN

November2004: A one- day workshop on WHO-AIMS, mental health office, ministry of health Tehran , IRAN .

January 2005: A three-day workshop on “positive parenting program” ministry of health Tehran, IRAN .

## **Publications**

### **Books:**

Khazaeli A, Yasami MT, Arabgol F, Chime S, Bina M, **Samimi-ardestani M**, Bagheri-Yazdi M, Davari-Ashtiani R: Education of life skills for women , for general practitioners.

Khazaeli A, Yasami MT, Arabgol F, Chime S, Bina M, **Samimi-ardestani M**, Bagheri-Yazdi M, Davari-Ashtiani R: Education of life skills for women , for psychiatrists and psychologists.

**Samimi-ardestani M**: Paranoia, Nashr e ghatreh publications, Elm O Zendegi collection.

**Samimi-ardestani M**: Problem solving, Nashr e ghatreh publications, Elm O Zendegi collection.

### **Articles :**

- 1) **Abhari, Sadeghi, Samimi Ardestani, et al Undiagnosed Bipolar Disorders in Patients with Major Depressive Episode: Iran’s part of a Multicenter** *Iran J Psychiatry* 2013; 8:1: 1-6
- 2) Amini H, Nejatisafa AA, Shoar S, Kaviani H, Samimi-Ardestani M, Shabani A, Esmaeili S, Moghaddam Y Iranian medical students' perception of psychiatry: before and after a psychiatry clerkship. *Iran J Psychiatry*. 2013 Mar;8(1):37-43.
- 3) Barekattain, M., Aminoroaia, M., Samimi, S. M. A., Rajabi, F., & Attari, A. (2013). Educational Needs Assessment for Psychiatry Residents to Prevent Suicide: A Qualitative Approach. *International journal of preventive medicine*,4(10), 1200.
- 4) Dibajnia, Parvin, and Mehdi SamimiArdestani. "Attention deficit hyperactivitydisorder in children with visualdiseases." *International Journal of Applied Behavioral Sciences* 1.1 (2014): 45-50.
- 5) Goodarzi S, Arbabi M, Samimi Ardestani M. Naltrexone as an Adjunct to Treatment of Schizophrenia: A Double Blind Placebo Controlled Trial. *IJPCP*. 2006; 12 (1) :49-54
- 6) Goodarzi, S. S., Arbabi, M., & Samimi Ardestani, M. (2006). Naltrexone as an Adjunct to Treatment of Schizophrenia: A Double Blind Placebo Controlled Trial. *Iranian Journal of Psychiatry and Clinical Psychology*, 12(1), 49-54
- 7) Homayoun Amini, M.D., M.P.H., Yasaman Moghaddam, M.D., Ali-Akbar Nejatisafa, M.D., Sara Esmaeili, M.D., M.P.H., Hosein Kaviani, Ph.D., Saeed Shoar, M.D., Amir Shabani, M.D., **Mehdi Samimi- Ardestani, M.D.**, Amir Abbas Keshavarz Akhlaghi, M.D. Senior Medical Students’ Attitudes Toward Psychiatry as a Career Choice Before and After an Undergraduate Psychiatry Internship in Iran, *Academic Psychiatry* 2013; 37:196–201

- 8) Mehdi Samimi , MD, Ali Reza Noroozi, MD Yassaman Mottaghipour, PhD :The Effect of Psychiatric Clerkship on Fifth Year Medical Students' Attitudes Toward Psychiatry and Their Intention to Pursue Psychiatry as a Career *Iran J Psychiatry* 2006; 1: 98-103
- 9) Mehraban, A., Samimi, S. M., Entezari, M., Seifi, M. H., Nazari, M., & Yaseri, M. (2015). Peripapillary retinal nerve fiber layer thickness in bipolar disorder. *Graefe's Archive for Clinical and Experimental Ophthalmology*, 1-7.
- 10) Mehraban, A., Shams, J., Moamenzade, S., Samimi, S. M., Rafiee, S., & Zademohamadi, F. (2014). The High Prevalence of Obsessive-Compulsive Disorder in Patients with Chronic Pain. *Iranian Journal of Psychiatry*, 9(4), 203-208.
- 11) Nasr Esfahani, M., Attari Moghadam, J., Rasouljan, M., Ghalehbandi, M., Saberi, S. M., **Samimi-Ardestani, S. M.**, Gharraee, B., Shirazi, E. (2008). Involuntary treatment and hospitalization: Review of mental health acts. *Iranian Journal of Psychiatry and Clinical Psychology*, 14, 4-16.
- 12) Sadr, S. S., Ardestani, S. M. S., Razjouyan, K., Daneshvari, M., & Zahed, G. (2014). Premenstrual Syndrome and Comorbid Depression Among Medical Students in the Internship Stage: A Descriptive Study. *Iranian journal of psychiatry and behavioral sciences*, 8(4), 74.
- 13) **Samimi-ardestani M**, Yasami MT, Successful treatment of dissociative disorder by cognitive behavioral therapy: A case report: IRANIAN JOURNAL OF PSYCHIATRY AND CLINICAL PSYCHOLOGY Summer 2003; 9(1 (33)):42-46.
- 14) **Samimi-ardestani M, Zahiroddin A, Karbasi : depression rate in dialysed patients**, Fundamentals of Mental Health, vol.7, Autumn & Winter 2004, No. 21-22.
- 15) Seyed Mahdi Samimi, Mahin Aminoroaia, Majid Barekatian **Educational need assessment in psychiatry residences of Shahid Beheshti University of Medical Sciences on suicide: a qualitative study: behavioral science researches, voi 10, no 4, 1391**
- 16) **Seyed Mehdi Samimi Ardesrani, MD** , Ali Reza Zairoddin MD, Hamid Reza Shahpouri MD, Shahrokh Sardarpour Geudarzi MD, Seyed Sajjad Mousavi MD: **Comorbidity of Factitious Disorder and Intellectual Disability: A Case Report** *Iranian Journal of Psychiatry and Behavioral Sciences (IJPBS)*, Volume 3, Number 2, Autumn/Winter 2009
- 17) YASAMI M.T., MOHAMMADI ALI, KAMELI J., YOUSEFI M.R., SAMIMI ARDESTANI S.M.: SUCCESSFUL TREATMENT OF EGO DYSTONIC HOMOSEXUALITY, PARAPHILIA AND TRANSSEXUALISM USING COGNITIVE - BEHAVIORAL TECHNIQUES SCIENTIFIC JOURNAL OF FORENSIC MEDICINE WINTER 2007; 12(4 (44)):222-227
- 18) Zahiroddin A, **Samimi-ardestani M**, Anxiety in dialysed patints: Feys winter 2001, NO 16,15.
- 19) Zahiroddin A, **Samimi-ardestani M**, Arbabi m, Successful psychotherapy of gender identity disorder: A case report. *Iran J Leg Med* .2005; 11(37).
- 20) ZAHIRODDIN A.R., SAMIMI ARDESTANI S.M., ARBABI MOHAMMAD: SUCCESSFUL PSYCHOTHERAPY OF GENDER IDENTITY DISORDER: A CASE SERIES SCIENTIFIC JOURNAL OF FORENSIC MEDICINE Spring 2005; 11(37):37-40.

- 21) Zahiroddin, A. R., Hayati, M., Jadidi, M., & Samimi, S. M. (2005). Depression in Hemodialysis Patients. *Journal of Ardabil University of Medical Sciences*,5(3), 256-259.
- 22) Zeinalian P, Mottaghipour Y, Samimi Ardestani S.M.: Validity and the cultural adaptation of the Carers' Needs Assessment for Schizophrenia and assessing the needs of family members of bipolar mood disorder and schizophrenia spectrum patients. *Journal of Fundamentals of Mental Health* 2011; 12(4): 684-91.
- 23)

### **Awards & Honours**

- 2004            Elected as Best Professor in Psychiatry department of Shaheed Beheshti UMSHS.  
Tehran . Iran
- 2001            6<sup>th</sup> standing in National Psychiatry Board Examination